



Arlene's May 2025 K-6 Lunch Menu

<p><i>Carbs listed for each item in blue font. Fresh fruits and vegetables may vary due to availability. Please check with your lunch server daily.</i></p>	<p><i>Sides - Fruits and Vegetables listed by group and measured in cups.</i></p>		<p>1 <u>Chicken Corn Dog</u> Chicken Corn Dog (2m/1wg) 13 Cheez-Its (1wg) 14 Corn (3/4c) 21 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>2 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Carrot Sticks (1/2c) 0 Peach Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>5 <u>Beef Hot Dog & Tater Tots</u> Beef Hot Dog (2m) 12 WG Bun (1.5wg) 21 Tater Tots (12 = 3/4c) 24 Ketchup 3 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>6 <u>Taco Tuesday</u> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>7 <u>Chicken & Waffles</u> WG Chicken Tenders (3 = 2m/1wg) 13 Eggo Waffles (2 = 2wg) 28 Sliced Cucumbers (3/4c) 3 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>8 <u>Spaghetti & Meatballs</u> Spaghetti Pasta (1/4g) 30 Marinara (1/4r) 6 Meatballs (6 = 2m) 8 WG Roll (1wg) 16 Carrot Sticks (1/2c) 0 Pineapple (1/2c) 13 Choc/White Milk (1c) 19/13</p>	<p>9 NO SCHOOL</p>
<p>12 <u>Chicken Tenders</u> WG Chicken Tenders (3 = 2m, 1wg) 13 Baked Beans (3/4c) 45 Goldfish Pretzels (1wg) 16 Craisins (1/2c) 34 Choc/White Milk (1c) 19/13</p>	<p>13 <u>Hamburger Patty on WG Bun</u> Hamburger Patty (2m) 1 WG Bun (1.75wg) 25 Corn (3/4c) 21 Graham Crackers (0.5wg) 11 Ketchup 3 Honeydew (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>14 <u>Teriyaki Chicken w Rice</u> Popcorn Chicken (10 = 2m) 19 Rice (1/2c = 1oz) 29 Teriyaki Glaze (2 tbsp) 9 Celery Sticks (3/4c) 3 Banana (1/2c) 18 Fortune Cookie 4 Choc/White Milk (1c) 19/13</p>	<p>15 <u>Sloppy Joe</u> Sloppy Joe Beef (2m, 1/4r) 16 WG Bun (1.75wg) 25 WG Sport Crackers (1wg) 19 Carrot Sticks (1/2c) 0 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>16 <u>Bosco Sticks</u> Bosco Sticks (2 = 2m/2wg) 33 Marinara Pack (2 = 1/4r) 8 Graham Crackers (0.5wg) 11 Broccoli (3/4c) 5 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>
<p>19 <u>Chicken Nuggets</u> WG Chicken Nuggets (5 = 2m, 1wg) 13 Green Beans (3/4c) 6 WG Roll (1wg) 16 BBQ Sauce 5 Apple (1/2c) 25 Choc/White Milk (1c) 19/13</p>	<p>20 <u>Taco Tuesday</u> Ground Beef Crumbles (0.5m) 1 Refried Beans (3/4c) 36 Cheddar Cheese (1m) 0 WG Nacho Chips (1wg) 19 Orange (1/2c) 8 Choc/White Milk (1c) 19/13</p>	<p>21 <u>Breakfast for Lunch</u> Turkey-Sausage Links (2 = 2m) 1 Tater Tots (12 = 3/4c) 24 Cheddar Cheese (1m) 0 Bear Cracker (1wg) 21 Ketchup 3 Melon (1/2c) 18 Choc/White Milk (1c) 19/13</p>	<p>22 <u>Meatball Sub</u> Meatballs (6 = 2m) 8 Marinara (1/4c) 6 WG bun (1.5wg) 21 Carrot Sticks (1/2c) 0 Goldfish Crackers (1wg) 14 Berry Fruit Cup (1/2c) 21 Choc/White Milk (1c) 19/13</p>	<p>23 <u>Turkey Pepperoni Pizza</u> Turkey Pep Pizza (2m/2wg) 33 Broccoli (3/4c) 5 Cheez-Its (1wg) 14 Banana (1/2c) 18 Choc/White Milk (1c) 19/13</p>
<p>26 NO SCHOOL</p>	<p>27 NO SCHOOL</p>	<p>28 NO SCHOOL</p>	<p>29 NO SCHOOL</p>	<p>30 NO SCHOOL</p>